



Barking Riverside

a new approach to wellbeing and health creation

December 2018



Background: the Barking Riverside development



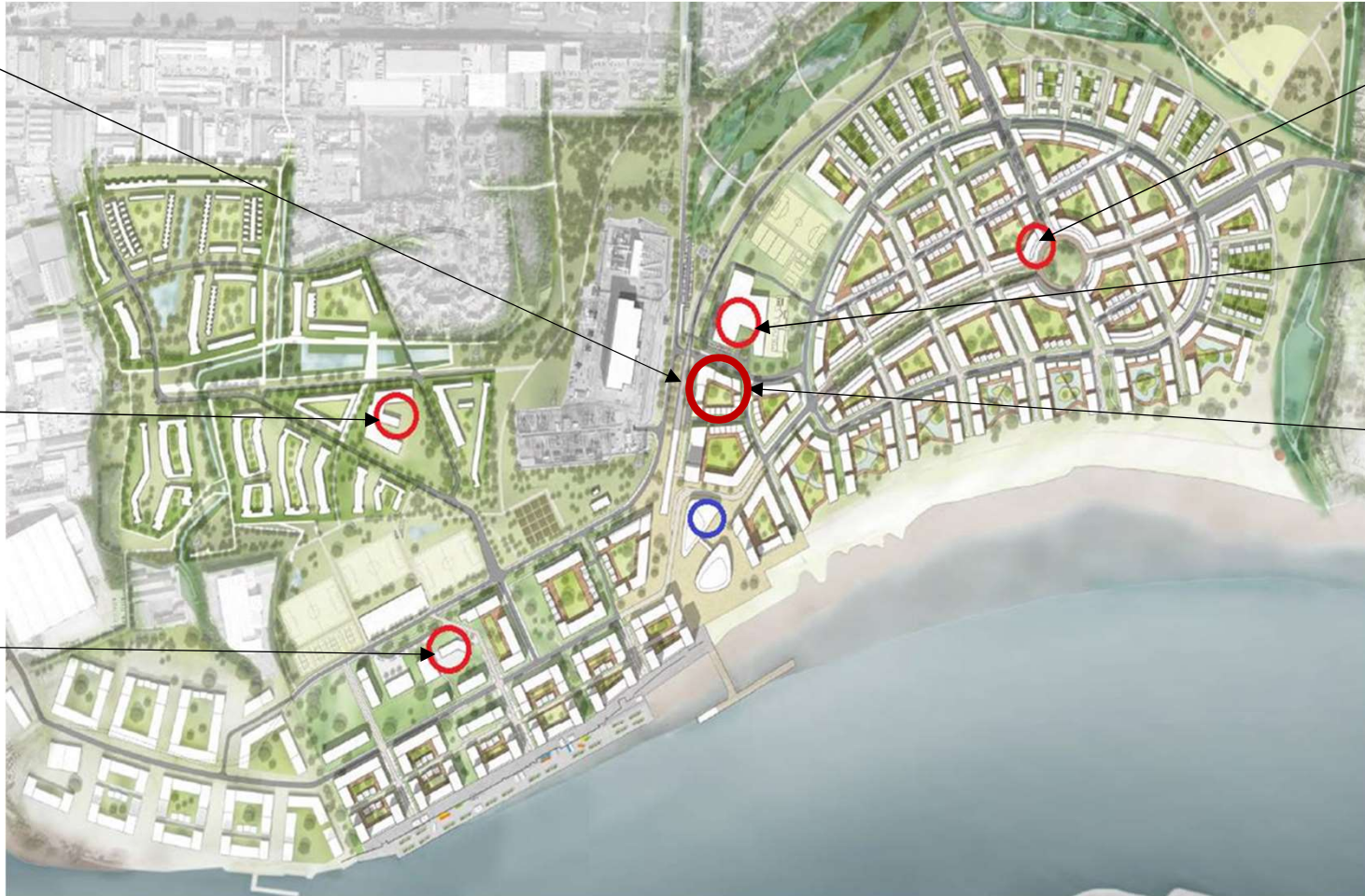
- 443 acres in south of Barking between Barking Town Centre and the River
- By 2037 – development in four phases will see:
 - 10,800 new homes
 - c22,000 new residents
- Thames Ward will eventually develop into 4th locality in B&D
- Announced as one of NHSE's 'Healthy New Towns' – the only one in London
- Developers are required to provide financial contributions to the development of health and care infrastructure to support the new population
- Opportunity to develop a genuinely integrated service with a focus on prevention, where there is currently a 'blank slate'

Where?

New station

Rivergate Primary School

New primary school



New primary school

Riverside Campus

Integrated Health & Wellbeing Hub



Health and care services: progress to date

- The Barking Riverside development is moving into phase 2 of the four phases of the build. This is the phase during which the wellbeing hub will be built. This will house health and care, leisure, and community and voluntary sector services.
- The developer has requested submission of a single client brief towards the end of 2018 from the London Borough of Barking and Dagenham and Barking and Dagenham Clinical Commissioning Group, setting out the high level quantum of space in a schedule of accommodation for the wellbeing hub, and highlighting key requirements.
- To meet the developer's deadline for submission of the single client brief, BHR CCGs and LBBD convened the Barking Riverside System Development Board which has overseen an initial series of five key workshops, alongside a programme of engagement with local people to feed into the development of the proposed model of care, and from this, ascertain key requirements of the physical building and wider Riverside environment.

Workshop 1	OUTCOMES	Linked to the B&D Health and Wellbeing board meeting, with additional leads invited to join the discussion, including local ward councillors. Focussed on outcomes that we would like to achieve through the new model of care for the people of Barking Riverside and wider Thames Ward area
Workshops 2 & 3	MODEL OF CARE	independently facilitated by Mike Farrar using a 'richly imagined futures' technique to project the type of integrated service it's envisaged will be delivered from the hub in the future (to achieve the outcomes described in workshop one), and then to work back to map out the requirements of the space and other key workstreams such as workforce and IT that would enable delivery of this
Workshops 4 & 5	ENABLERS & NEXT STEPS	facilitated by WIGs (community engagement specialists already working with the developer to engage local people in the emerging proposals for the site) - focussed on firming up the key requirements of the space and enabler programmes to deliver the emerging proposed integrated model of wellbeing

- The workshops were well attended by a range of key stakeholders from across health, care and the community and voluntary sector. Alongside the workshops LBBD and BHR CCGs commissioned a targeted engagement programme with local people to feed in to the development of the emerging proposals for the single client brief.

Health provision now and in the future

- In the short term (2016/17– 2020/21), the CCG is working with three existing practices in the vicinity - Dr John's and Dr Kalkat's practices at Thamesview, and the Maplestead Road GP practice - to increase capacity and extend opening hours to provide primary care access to local people from 2017 to 2020/21, until the new facility is in operation. Each practice developed a business case for the additional capacity, which underwent due scrutiny and review before approval.
- We expect that Barking Riverside residents will be able to register with the new wellbeing hub from 2020/21.
- The new facility / model needs to be flexible, seamless and person-orientated, with a focus on wellbeing, getting things right first time, and improving outcomes for local people.
- There is an opportunity to link health and wellbeing services to the physical assets of the site:
 - There will be a leisure centre in the footprint of the hub, alongside the clinical space. The principles emerging from the workshops and engagement with local people suggest that these spaces should feel integrated and seamless.
 - There is particular opportunity to capitalise on linking health and wellbeing services with the gym/leisure facilities, and to community assets such as education campuses e.g. the nearby Riverside Campus School, and other schools in the area.
 - The design of the wider environment is essential to the promotion of wellbeing i.e. green spaces that support walking and cycling and a commercial offer that promotes a nutritious food environment

The proposal for health and care services

A 'straw man' proposal for the clinical space and emerging model of care/wellbeing has been populated through the process of the workshops, taking into account feedback from local people and key stakeholders.

This includes requirements the space must accommodate to deliver the emerging model of care. Some of the key principles include:

- The service will be jointly procured/commissioned by B&D CCG and LBBD
- The service will be delivered by a single provider alliance through a single contract, the form of which is to be explored
- There will not be a traditional GP practice with a list size, however, GPs will be key to leading the team / model of care
- Neutral branding will be employed (not NHS-focussed) that embodies empowerment, community and friendship to promote the concept of 'wellness' rather than a focus on illness
- there is particular opportunity to capitalise on linking health and wellbeing services with leisure facilities, and to community assets such as education campuses e.g. the nearby Riverside Campus School, and other schools in the area.
- Access to the leisure and community facilities will be key to the model of wellbeing and should feel part of an integrated offer, not a separate service
- The space will be as flexible as possible to ensure that it is able to adapt to a model of care that will evolve over time to meet the changing needs of the local population.

Next steps

These proposals are being shared with a number of key forums and stakeholders for further review and comment. We are still discussing the further development of these proposals, but the next steps will include the following points:

- Local people and those working in health, care and community services will be key to the development and design of the model going forward
- There is a need to explore in detail how the 'shared' spaces of the hub will work in practice
- The detail that has gone into the single client brief is high level and focuses on flexibility; next steps will include discussion and ongoing work with the developer, designers and architects for the wellbeing hub building and wider environment to create more detailed proposals
- Operational groups will be convened (e.g. a clinically focussed group) to further develop the detail of the proposals, including what the model of health and care will look like in practice, and what type of workforce model is required to meet local need.